



Inquire about our Youth and Adult swim lessons, American Red cross courses, BLS Courses, our BCH sponsored Asthma Swim Program, and our DHS Swim Team Tryouts!

Join the
NEXT GENERATION
of Red Cross Training

July/August of 2022 DotHouse Health Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	C
7:00 AM	Pool opens at 11:00 am for members	Pool opens at 11:00 am for members	Pool opens at 11:00 am for members	Pool opens at 11:00 am for members	Pool opens at 9:00 AM for DHH Pool members	All Swimmers Must Wear Appropriate Swim Wear and SHOWER Before Entering Pool	L
7:30 AM						Senior Lap, Member Swim 8:00AM-9:00 AM	O
8:00 AM							S
8:30 AM							E
9:00 AM					Senior Lap, Member Swim 9:00AM-11:00 AM	DHH Learn To Swim and Asthma Swim program 9am-12:30 PM	D
9:30 AM							
10:00 AM							
10:30 AM							S
11:00 AM	Member lap swim 11:00-1:00 PM	Member lap swim 11:00-1:00 PM	Member lap swim 11:00-1:00 PM	Member lap swim 11:00-1:00 PM	U		
11:30 AM					N		
12:30 PM					A		
1:00 PM	Member Only Swim 1:00-2:00 PM	Member Only Swim 1:00-2:00 PM	Member Only Swim 1:00-2:00 PM	Member Only Swim 1:00-2:00 PM	Member Only Swim 1:00-2:00 PM	Member swim from 12:30-2:30pm	Y
1:30 PM							S
2:00 PM	DHH Teen Center/Adult Lap 2:00-3:00 pm	DHH Teen Center/Adult Lap 2:00-3:00 pm	DHH Teen Center/Adult Lap 2:00-3:00 pm	DHH Teen Center/Adult Lap 2:00-3:00 pm	Adult Lap 2:00-3:00 pm		D
2:30 PM							
3:00 PM	DotHouse Staff Lap Swim 3:00-4:00 PM	DotHouse Staff Lap Swim 3:00-4:00 PM	DotHouse Staff Lap Swim 3:00-4:00 PM	DotHouse Staff Lap Swim 3:00-4:00 PM	DHH Learn To Swim Program/ K.W.A.C.S. 2:30-4:30 PM	DHH Pool Closes at 2:30pm on Sat.	O
3:30 PM						Due to Covid 19 protocols, space is	T
4:00 PM	DHH Swim clinic/Family Swim 4:00-6:00 PM	DHH Swim clinic/Family Swim 4:00-6:00 PM	DHH Swim clinic/Family Swim 4:00-6:00 PM	DHH Swim clinic/Family Swim 4:00-6:00 PM	Pool Closed at 4:30 PM	We are not responsible for lost or stolen property!!!	H
4:30 PM							O
5:00 PM					Due to our Covid Protocols we can only allow 2 adults per lane during adult lap/member swim	<u>Pool Schedule Subject To Change Without Notice</u>	U
5:30 PM							S
6:00 PM	E						
6:30 PM	DHH Swim Lessons 6-7:30 PM/Member swim 6-8 pm	DHH Swim Lessons 6-7:30 PM/Member swim 6-8 pm	DHH Swim Lessons 6-7:30 PM/Member swim 6-8 pm	DHH Swim Lessons 6-7:30 PM/Member swim 6-8 pm		If Thunder Or Lightning, Exit Pool & Wait 30 Minutes. Using the bathroom	H
7:00 PM							E
7:30 PM							T
8:00 PM	Ask us about our ARC of Mass Bay Basic Life Support & Lifeguard courses!!!!						H
	Pool closes @ 8:00PM Mon.-Thurs. and @ 4:30 pm on Fridays! All patrons must exit the building by 8:15 pm Mon.-Thurs./4:45 pm on Friday						O
							R
							G

For more information please contact the DHH Pool @ 617-740-2234