

Dot House Health ASTHMA SWIM PROGRAM

For kids with Asthma ages 8-12 years old



Who: Asthma swimmers of all levels

When: Saturday October 26th, 2019

Where: DotHouse Health Pool

1353 Dorchester Avenue

Dorchester MA. , 02122

Cost: **FREE! FREE!! FREE!!! FREE!!!!**

(Sign up today!!!)

*To register or for more information
please contact Dirk @ DotHouse
Health pool at 617-740-2234 or send
an email to*

asthaswimprogram@gmail.com

Mandatory Parent Orientation on October 19th, 2019 @ 10 am!!!

This program starts on October 26th, 2019 and will run for 10 weeks on Saturdays from 9:30am-1:00pm.

Included in this exciting program will be:

- Improved asthma management skills, education and confidence
- Swim lessons with an ARC certified Water Safety instructor
- Free American Red cross First Aid/CPR/AED course for parents!!!!
- FUN! FUN!! FUN!!!

****SPACE IS STILL AVAILABLE****

** This program is made possible by the generosity of Boston Children's Hospital in collaboration with DotHouse Health Pool*